



# Learning to use your easypod<sup>®</sup>



**saizen<sup>®</sup>**

[somatropin (rDNA origin) for injection]

# Get to know the device



Before you use your easypod® for the first time, take a moment to get to know the device.

Cartridge Door Button

Cartridge Door

Display (welcome screen)

Selection Buttons

Power On/Off  
(indicated by "ⓐ" symbol)

Needle Button



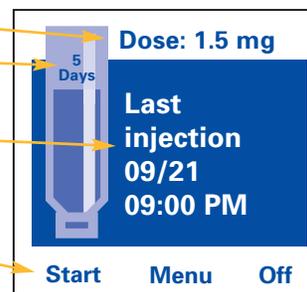
## Main Screen

Daily Dose

Number of Days Remaining

Information Message

Selection Button Functions



Removable Rear Cover  
(with personalized picture)



Battery Cover

Needle Cavity

Skin Sensor



Injection Button



Needle Sterility Seal



Needle Cap



Storage Box



Prepared Saizen® [somatropin (rDNA origin) for injection]  
click.easy® cartridge provided through pharmacy



# Inject in 3 steps

## Turn on your easypod®



Press power button "ⓘ" until the "Welcome" screen appears. Press "Start".

To load a prepared cartridge, follow the instructions under "Insert and change a cartridge" on page 5 in this guide.

## Step 1: Attach the needle



Remove the sterility seal from a new Serofine™ needle cap.

Do not use if seal is damaged.



Insert the needle cap into the needle cavity on easypod® until it locks into place.



Remove the needle cap by pushing the cap sideways.

**NOTE:** Do not throw the needle cap away. You will need it to detach the used needle after your injection.

## Step 2: Inject

Prepare the injection site according to the instructions given by your healthcare professional.



Place easypod® at a right angle (90°) against your skin. easypod® injection button on top will turn green, indicating you are ready to inject.



Press the green injection button once to start your injection.



When the injection is complete, the injection button light will go off and easypod® will beep twice.



Lift easypod® from the skin. The display will read "Injection completed" and show the injected dose. Select "OK" to confirm.

## Step 3: Detach the needle



Insert the empty needle cap into the needle cavity until it locks into place.



When the display reads "Press needle button until beep", press and hold the needle button until easypod® beeps twice.



When the needle cap is ready to be removed, the display will read "Remove empty cap". To remove the used needle and needle cap, push the cap sideways. Dispose of the used needle safely.

## You're done!

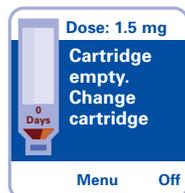
Turn off easypod® by pressing the "Power" "ⓐ" button until the display is blank. Place easypod® in its storage case.

Immediately place easypod® back into the refrigerator (2-8°C/36-46°F).

**WARNING:** Never store easypod® in the freezer.

# Insert and change a cartridge

## Insert a new cartridge or remove an empty cartridge



If there is no cartridge or no medication left in the cartridge, the display will read "Cartridge empty. Change cartridge".

Open the cartridge door by sliding the cartridge door button up.



Remove the empty cartridge from easypod®.

Insert a new click.easy® cartridge.

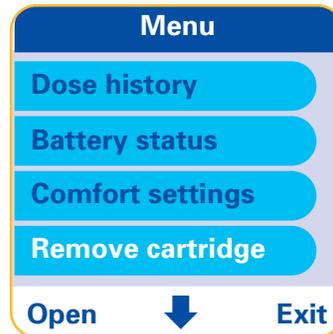


Close the cartridge door.

"Continue?" will be displayed each time a new cartridge is loaded.

Select "Yes".

## Remove a partially-filled cartridge\*



Select "Remove cartridge" from the main menu.

Follow instructions on screen.



Open the cartridge door by sliding the cartridge door button up.



Remove the cartridge.

Close cartridge door.

Display will read "Continue?"

Select "No".

Return the partially-filled click.easy® cartridge to the refrigerator (between 2-8°C/36-46°F).

\* You will only need to remove a partially-filled cartridge when traveling with easypod® or when you bring your easypod® to the doctor.

# Other things to know

## How to store your easypod®

Always store your easypod® and reconstituted medication in its case in the refrigerator (between 2-8°C/36-46°F). If your refrigerator is too cold, you may have to wait 5 to 10 minutes before your easypod® warms up enough to turn on. Do not put it in the freezer. Do not use needles more than once.

## How to clean your easypod®

Clean your easypod® only with a damp cloth and mild soap solution. Do not use any harsh chemicals, cleaning solvents, strong detergents, or alcohol solutions. Never rinse or immerse any part of your easypod® in water.

## Go ahead and personalize it

- Put your favorite picture, drawing, or photograph on the back of your easypod®. Just lift off the back cover, insert, and close.
- Change your welcome screen picture. Select “**Menu**”, then go to “**Device settings**”, and select “**Welcome picture**”. Scroll through the options and press “**OK**” to confirm your selection.
- Add your own name to your easypod®. Select “**Menu**”, then go to “**Device settings**” and select “**Name**”. Select “**Change**”. Use the “**OK**” key to move the cursor to the letter you want to change. Use the “**Arrow**” key to scroll through the alphabet. Select “**OK**” and repeat. Once finished, click “**OK**” to return to the “**Device settings**” menu.

## Needle supplies

Only use your easypod® with Serofine™ single-use disposable sterile needles. To order more needles, contact Connections for Growth®: 800-582-7989.

## Other easypod® hints and tips

- easypod® will go to “sleep” after 30 seconds (the back light will power off). You can wake it up by pressing any button. After 10 minutes of non-use, your easypod® will turn off automatically.
- When traveling, transport your reconstituted medication in an appropriate cooling container (between 2-8°C/36-46°F). Consult your healthcare provider if you plan to travel long distances.
- If your easypod® doesn't turn on, hold the “**⏻**” button down for at least three seconds.
- Your easypod® should be replaced after three years of use. If you have any concerns, please contact Connections for Growth®.
- Do not attempt to pry open the cartridge door. It can be opened only when there is no cartridge in your easypod® or by using the “**Menu**” and selecting “**Remove cartridge**”.
- Insert the needle cap straight into the needle cavity.
- Remove the needle by pushing the needle cap sideways.
- Do not release the “**Needle release**” button before the beep. The needle may detach incorrectly.
- If you have any questions or concerns, contact Connections for Growth®: 800-582-7989.

# easypod<sup>®</sup> screen messages

## If your easypod<sup>®</sup> screen says...

## It means that...

## So you should...

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Cartridge expired

Your cartridge has expired (it is more than 21 days old).

1. Press **OK**.
  2. Remove cartridge and insert a new one.
- 

Check needle

An error occurred during the needle attachment.

1. Press **OK**.
  2. Detach the needle and dispose of it safely.
  3. Attach a new needle.
- 

Check cartridge

An error occurred while loading the cartridge.

1. Open the cartridge door.
  2. Check that the external white label on the cartridge has been removed.
  3. Push the cartridge gently into the cartridge container to ensure that it is correctly positioned in the device.
  4. Close the cartridge door.
- 

Check cartridge door

The cartridge door is not closed.

1. Check to ensure cartridge door is properly closed; the main screen will appear when the door has been properly closed.
- 

Cartridge empty

The cartridge is empty.

1. Press **OK**.
  2. Change cartridge.
- 

Device error

There is a software or hardware error.

1. Press **Off**.
  2. Press "⏻".
  3. If the message persists, call Connections for Growth<sup>®</sup> at 800-582-7989
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Check needle cap

The needle cap is present when the device is turned on.

1. Remove the needle cap.

### If your easypod® screen says...

### It means that...

### So you should...

Check needle is detached

An error occurred during needle detachment.

1. Remove the needle cap and check where the needle is.
2. If the needle is detached and in the cap, press **OK**.
3. If the needle is still attached to the device, press **Repeat**.
4. Place empty needle cap into the needle cavity again and press the needle release button until the easypod® beeps twice.

Low battery

The battery level is running low.

1. Press **OK**.
2. Change the battery soon.

Replace battery

Power level is too low and your batteries need to be replaced. You will not be able to inject your next dose until the batteries are replaced.

1. Press **Off**.
2. Unscrew the battery cover and slide it down.
3. Remove and dispose of the used batteries.
4. Insert four new AAA lithium batteries.
5. Screw the battery cover back onto the device.
6. Press "**⌚**".
7. Reset the date and time.

## easypod® sounds

### If you hear...

### It means...

1 short beep

Start or confirmation of action.

2 short beeps

End of action.

3 long beeps + red light (injection button)

Warning; there is something that needs your attention before you proceed.  
**NOTE:** *Warning sounds will remain audible, even if the sound is switched off.*

**If you need assistance with your easypod®, contact Connections for Growth® at 800-582-7989.**

# Preparing your cartridge

## Step 1: Prepare your click.easy®



Place your click.easy on a clean, flat surface with the Saizen® vial on the bottom.

Push down until the Saizen® vial is completely inside the outer housing.



Turn the end cap clockwise until the green button is visible.

Slowly push down on the end cap to transfer the diluent into the cartridge.

## Step 2: Mix your Saizen®



Swirl gently and wait for any foam to subside. Do not shake click.easy®.

You may need to let the solution stand for a few minutes until the Saizen® powder dissolves.

Turn your click.easy® upside down.



Slowly pull down on the end cap until all the solution is transferred into the diluent cartridge.

**NOTE:** Look for air bubbles. Remove air bubbles by pushing the end cap up slowly until no bubbles are visible. Slowly pull the end cap back down.

## Step 3: Prepare your cartridge for easypod®



Unscrew the end cap until it is completely detached.

Lift out the cartridge.



Peel off the white outer label from the cartridge.

Write the date on the label underneath.

## Your Saizen® cartridge is now ready for use with easypod®

### Need help?

Call Connections for Growth® patient support: 800-582-7989.

**saizen**®  
[somatropin (rDNA origin) for injection]



**EMD Serono's Connections for Growth® program is available to those receiving growth hormone treatment with Saizen® [somatropin (rDNA origin) for injection]**

**Connections for Growth® can provide you with:**

- Additional Serofine™ needles and replacement batteries
- Device training
- Insurance and reimbursement assistance
- Assistance with adherence and compliance

**Connections for Growth® nurse support is available 24 hours/day, 7 days/week.**

**Call us at 800-582-7989.**



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[www.saizenus.com](http://www.saizenus.com)  
[www.easypodus.com](http://www.easypodus.com)

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